

LEAGUE '17 CHAMPIONSHIP



2017 Lancaster Summer Swim League Championship Swim Meet

Date: Friday July 28 and Saturday July 29, 2017

Location: Manheim Community Pool

General Rules & Information:

1. Manheim Swimming Pool is a six lane, 25 meter course
2. Current USS age group rules and LSSL rules apply
3. According to LSSL rules, place winner will be determined by times. Touch pad system will be the official time with plunger and stop watch as back up times. There will be two back up timers in the event if necessary due to stopwatch failure in any lane.
4. Each swimmer is limited to a maximum of four (4) events – either 3 individual events and 1 relay or 2 individual events and 2 relays.
5. Each team may submit unlimited entries in each event as long as the swimmers meet the qualifying standards.
6. Teams are limited to two (2) relays per event.
7. All starts will be via beeper/strobe starting system.
8. During the 8 & under and 10 & under relays, the second and fourth swimmer will be in water starts.

Entries: **Electronic:** Electronic entries should be submitted via Hy-Tek Team Manager file. Paper Entry Master Lists are **not** required with electronic submissions.

Paper Forms: Each entry must be submitted on the master list provided. Please provide first name, last name, middle initial, and birth date. Submit entry time to the hundredth.

All Team Entries require a completed Team Entry Summary.

Fees: \$3.00 per entry; \$12.00 per relay. Entry fees must accompany Team Entry Summary and are non-refundable. Make checks payable to **Manheim Swim Team**.

Deadline: **Entries must be received by 8:00 PM Sunday July 23, 2017.** Please email entries to johnmentzer@lancasterfoundrysupply.com and fittery2@pdt.net . Mail Team Entry Summary and entry fees entries to:

John Mentzer, 485 Charles Drive, Manheim, PA 17545

Starting Times: Friday Session: Warm-ups at 5:00PM
Meet begins at 6:30PM

Saturday Session: Warm-ups at 7:30AM
Meet begins at 9:00AM

Awards: The top twelve places in each event will earn awards for the swimmer. All awards will be in accordance with league rules

Individual Events: Trophies 1st-4th, Medals 5th-8th, Ribbons 9th-12th

Relay Events: Medals 1st-4th, Ribbons and/or Medal combination 5th-12th

Points: The top twelve places in each event will earn points for the team. Standard scoring will be in place for the meet.

Individual Points: 13, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Relay Points: 26, 22, 20, 18, 16, 14, 12, 10, 8, 6, 4, 2

Admission: \$3.00 per person each day.
Children under 12, accompanied by an adult admitted free.
Heat sheet \$4.00 which includes both sessions.

Timers: Participating teams will be responsible for providing timer coverage for one lane during each day of the meet. We will provide free admission for up to 3 timers per team each day of the event.

Other Info All team tents should be pitched outside the pool fence behind the pool by the creek. No tents may be erected prior to 3:00 PM on Friday July 28th. **The Manheim Swim Team will not be held responsible for equipment left at the site overnight.** We ask that each team please police and clean up their area during and after the meet. All coaches, swimmers, and spectators should avoid parking in any posted **NO PARKING** areas. Cars will be ticketed for violations.

Warm up schedules, site map, parking details and any other pertinent meet information will be communicated via email in the weeks leading up to the event.

All Questions: Direct any questions to meet co-directors:

- John Mentzer, 717.278.7906 OR email at johnmentzer@lancasterfoundrysupply.com
- Curt Galbreath, 717-808-7900 or email at cgalbreath@fandm.edu

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TEAM ENTRY SUMMARY

Team: _____

Head Coach: _____

Total Number of Coaches Attending From Team: _____

Phone Number: _____

E-mail: _____

Parent Representative: _____

Phone Number: _____

E-mail: _____

Number of individual entries ____ @ \$3.00 each = _____

Number of relays ____ @ \$12.00 each = _____

Entry Fee Total = _____

Entries must be received by 8:00 PM Sunday July 23, 2017

Please email entries to johnmentzer@lancasterfoundrysupply.com or cgalbreath@fandm.edu

Mail Team Entry Summary, registration fee payment and paper registrations to:

John Mentzer 485 Charles Drive, Manheim, PA 17545

2017 League Championship

Qualifying Times

8 & Under

<u>GIRLS</u>		<u>BOYS</u>
21.00	FREE	21.50
27.00	BACK	29.00
31.00	BREAST	32.50
27.00	FLY	29.50

9 & 10

<u>GIRLS</u>		<u>BOYS</u>
17.50	FREE	17.50
22.00	BACK	23.50
24.00	BREAST	25.50
20.00	FLY	21.50

11 & 12

<u>GIRLS</u>		<u>BOYS</u>
34.00	FREE	34.50
41.50	BACK	43.50
46.00	BREAST	49.00
39.00	FLY	42.50

13 & 14

<u>GIRLS</u>		<u>BOYS</u>
32.00	FREE	30.50
49.00	BACK	39.00
43.00	BREAST	42.00
36.50	FLY	36.00

OPEN

<u>GIRLS</u>		<u>BOYS</u>
31.00	FREE	27.00
37.50	BACK	33.50
42.50	BREAST	36.50
35.00	FLY	30.00

2017 League Championship

MEET FORMAT

Friday July 28, 2017

5:00PM warm-up; 6:30pm meet start

Event

1. Girls 8 & Under 100 Freestyle Relay
2. Boys 8 & Under 100 Freestyle Relay
3. Girls 9-10 100 Freestyle Relay
4. Boys 9-10 100 Freestyle Relay
5. Girls 11-12 200 Freestyle Relay
6. Boys 11-12 200 Freestyle Relay
7. Girls 13-14 200 Freestyle Relay
8. Boys 13-14 200 Freestyle Relay
9. Girls 15 & Over 200 Freestyle Relay
10. Boys 15 & Over 200 Freestyle Relay
11. Girls 8 & Under 100 Medley Relay
12. Boys 8 & Under 100 Medley Relay
13. Girls 9-10 100 Medley Relay
14. Boys 9-10 100 Medley Relay
15. Girls 11-12 200 Medley Relay
16. Boys 11-12 200 Medley Relay
17. Girls 13-14 200 Medley Relay
18. Boys 13-14 200 Medley Relay
19. Girls 15 & Over 200 Medley Relay
20. Boys 15 & Over 200 Medley Relay

Saturday July 29, 2017

7:30AM warm-up; 9:00AM meet start

Event

21. Girls 8 & Under 25 Freestyle
22. Boys 8 & Under 25 Freestyle
23. Girls 9-10 25 Freestyle
24. Boys 9-10 25 Freestyle
25. Girls 11-12 50 Freestyle
26. Boys 11-12 50 Freestyle
27. Girls 13-14 50 Freestyle
28. Boys 13-14 50 Freestyle
29. Girls 15 & Over 50 Freestyle
30. Boys 15 & Over Freestyle
31. Girls 8 & Under 25 Backstroke
32. Boys 8 & Under 25 Backstroke
33. Girls 9-10 25 Backstroke
34. Boys 9-10 25 Backstroke
35. Girls 11-12 50 Backstroke
36. Boys 11-12 50 Backstroke
37. Girls 13-14 50 Backstroke
38. Boys 13-14 50 Backstroke
39. Girls 15 & Over 50 Backstroke
40. Boys 15 & Over Backstroke
41. Girls 8 & Under 25 Breaststroke
42. Boys 8 & Under 25 Breaststroke
43. Girls 9-10 25 Breaststroke
44. Boys 9-10 25 Breaststroke
45. Girls 11-12 50 Breaststroke
46. Boys 11-12 50 Breaststroke
47. Girls 13-14 50 Breaststroke
48. Boys 13-14 50 Breaststroke
49. Girls 15 & Over 50 Breaststroke
50. Boys 15 & Over Breaststroke
51. Girls 8 & Under 25 Butterfly
52. Boys 8 & Under 25 Butterfly
53. Girls 9-10 25 Butterfly
54. Boys 9-10 25 Butterfly
55. Girls 11-12 50 Butterfly
56. Boys 11-12 50 Butterfly
57. Girls 13-14 50 Butterfly
58. Boys 13-14 50 Butterfly
59. Girls 15 & Over 50 Butterfly
60. Boys 15 & Over Butterfly

TEAMS: PLEASE PASS ALONG TO YOUR FAMILIES!!

The Manheim Swim Team will be hosting a chicken barbeque (Nolt's Chicken BBQ) to supplement our concessions for League Relays on Friday, July 28th. Our regular concession stand will still be an option for food and drink purchases, but with limited item choices.

Advanced tickets will be available for purchase at the Fast and Furious Invitational. If you are not attending Fast and Furious but would like to purchase advanced tickets, please contact Kim Kirchner via text/call (717-989-0870) or email (cekkkrk@ptd.net). Please include your team name, first and last name, contact number, and number of dinners purchasing in your correspondence.

The chicken BBQ dinner is \$10 and includes the following: Chicken half, baked potato, applesauce, roll, and an 8oz. lemonade or iced tea. Dinners are served in a container with plastic ware.

All pre-orders and money (cash or check made payable to Manheim Swim Team) are due by Wednesday, July 19th. There will be a limited amount of dinners available the day of the event for purchase at a first come, first serve basis.

Please direct any questions about the barbeque details to Kim Kirchner at the contact information above.

LEAGUE '17 CHAMPIONSHIP



MANHEIM SWIM TEAM CONCESSION STAND MENU

LEAGUES FRIDAY

Food:

Chicken BBQ – Please pre-order at Fast and Furious

Only a limited number will be available for purchase

Pizza

Hot dog w/ or without sauerkraut

Soft Pretzel w/or without cheese

Mix of Candy Bars ~ Granola Bars ~ Pickle ~ Chips

Drinks:

Vanilla Iced Coffee ~ Gatorade ~ Water ~ Soda

LEAGUE '17 CHAMPIONSHIP



MANHEIM SWIM TEAM CONCESSION STAND MENU

LEAGUES SATURDAY

Breakfast Items:

Breakfast Sandwich (Sausage or Canadian Bacon)

Achenbach's Long John

Bagel

Coffee

Food:

Walking Taco (Doritos, Lettuce, Meat, Sour Cream, Cheese, Salsa, Onion)

Pulled Pork Sandwich

Cheeseburger

Hamburger

Pizza

Baked Potato (Butter, Sour Cream)

Loaded Baked Potato (Taco Meat, Cheese, Sour Cream, Salsa, Onion)

Soft Pretzel w/or without cheese

Hot dog w/or without sauerkraut

Mix of Candy Bars ~ Granola Bars ~ Pickle ~ Chips

Drinks:

Vanilla Iced Coffee ~ Gatorade ~ Water ~ Soda