

# 2017 Lancaster Summer Swim League Division III Championship Swim Meet

Conestoga Valley Summer Swim Team and East Cocalico Swim Team cordially invite you to this year's Division III Championship Swim Meet.

**Date:** Saturday July 22nd, 2017

**Location:** Leola Community Pool, 23 E. Main St., Leola, PA 17540

## **General Information:**

- Admission Fee is \$4.00. Swimmers, children under six, and volunteers are free.
- Heat Sheets will be available for purchase for \$3.00 at the both entrances.
- You may come set up your tent Friday evening between 6:00 pm - 8:00 pm. However, neither the CVST, ECST, Lititz Rec, Leola Community Pool nor Upper Leacock Township will be responsible for tents left overnight.
- Candy Grams will be available during both sessions to send to swimmers for \$1.
- There will be a concession stand operating inside the pool gates from 7:30 am until the conclusion of the meet.

## **Entries:**

- Entry fee is \$3.00 per event for each swimmer and \$12 per relay. Please make checks payable to Conestoga Valley Swim Team.
- Entries may be submitted by via email to [cvsummerswim@yahoo.com](mailto:cvsummerswim@yahoo.com).
- Entry times must be in meters.
- Each swimmer is permitted to swim THREE (3) events INCLUDING a relay.
- Entry submissions are due by **8 PM on Friday, July 14th**.

## Officiating:

- The league provides officials to referee and judge the meet.
- USS Swimming rules, unless otherwise modified by the Summer Swim League, shall be used.
- We will be using three watch times. Places will be determined by the middle time of the three recorded times.

## Awards:

- Team trophies awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places.
- Individual Events: 1<sup>st</sup> - 3<sup>rd</sup> earn trophies, 4<sup>th</sup>-6<sup>th</sup> earn medals and 7<sup>th</sup> -10<sup>th</sup> earn ribbons.  
(Candy will be awarded to the 1st place finisher in each heat.)
- Relays: 1<sup>st</sup> -3<sup>rd</sup> earn medals and 4<sup>th</sup> – 6<sup>th</sup> earn ribbons.

## Volunteers:

- Each team is responsible for providing a **minimum of 4 timers per session.**
- **7 timers per team will be needed to allow for mid-session substitutions.**
- Please fill out the volunteer form and email to [cvsummerswim@yahoo.com](mailto:cvsummerswim@yahoo.com)
- All teams are asked to supply their own stopwatches.
- Volunteers will need to check in at the entrance table. Each team will be given free admission for the volunteers and coaches only.

## Team Abbreviations:

BC: Bent Creek

C: Conestoga

CV: Conestoga Valley

D: Denver

EC: East Cocalico

M: Manheim

S: SECA

## Timer Lane Assignments:

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
BC	C	D	BC	S	D	S	D/CV
S	CV	M	C	EC	CV	BC	M/BC
EC	D	EC	CV	M	C	M	S/C

## **Schedule of Events:**

Morning Session (swimmers ages 11 and up)

7:00 AM – Warm-ups begin

7:30 AM – Coaches' Meeting

7:45 AM – Timers & Finish Judge Meeting

8:00 AM – Meet begins

Afternoon Session (swimmers ages 10 and under)

12:00 PM – Warm-ups begin

12:30 PM – Coaches' Meeting

12:45 PM – Timers & Finish Judge Meeting

1:00 PM – Meet begins

## **Warm Up Times:**

Exact warm-up times will be emailed to team by Wednesday, July 19<sup>th</sup>.

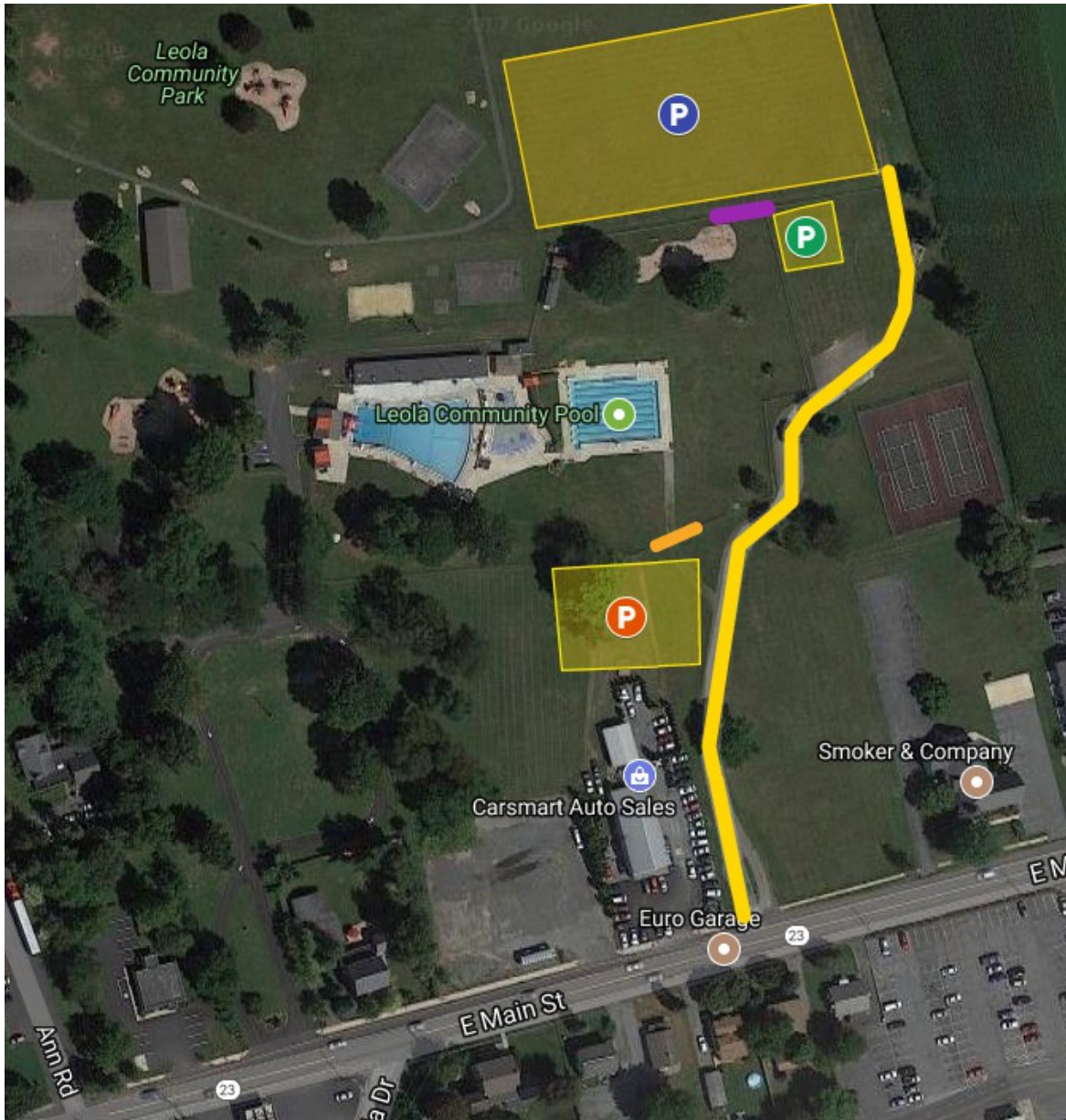
## **Questions:**



Direct any questions to meet co-directors:

Jen Proch: [cvsummerswim@yahoo.com](mailto:cvsummerswim@yahoo.com)

Jamie Schneider: [eastcocalicodolphins@gmail.com](mailto:eastcocalicodolphins@gmail.com)

# Parking:



-  General Admission Entrance
-  Coaches Entrance

- P:** General Admission Parking
- P:** Handicapped Parking
- P:** Coaches Parking

**2017 Lancaster Summer Swim League  
Division III Championship Swim Meet**

**TEAM ENTRY SUMMARY**

**TEAM:** \_\_\_\_\_

Head Coach: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Total Number of Coaches Attending From Team: \_\_\_\_\_

Parent Representative: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Number of individual entries: \_\_\_\_\_ @ \$3.00 each = \_\_\_\_\_

Number of relays: \_\_\_\_\_ @ \$12.00 each = \_\_\_\_\_

Entry Fee Total = \_\_\_\_\_

**Entries must be received by 8:00 PM Friday July 14, 2017.**

Please email completed form to [cvsummerswim@yahoo.com](mailto:cvsummerswim@yahoo.com).

Entry fees may be mailed to: Jen Proch, 80 Blaine Ave., Leola, PA 17540  
or submitted at the meet the day of.

Please make checks payable to **Conestoga Valley Swim Team**.

**2017 Lancaster Summer Swim League  
Division III Championship Swim Meet**

**VOLUNTEER TIMER FORM**

**TEAM:** \_\_\_\_\_

Each team is responsible for providing a **minimum of 4 timers per session.**  
**7 timers per team will be needed to allow for mid-session substitutions.**


<b>TIMER NAMES</b>	
<b>AM Session</b>	<b>PM Session</b>
1. _____	8. _____
2. _____	9. _____
3. _____	10. _____
4. _____	11. _____
5. _____	12. _____
6. _____	13. _____
7. _____	14. _____

Parent Representative: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
E-mail: \_\_\_\_\_

Please email completed form to [cvsummerswim@yahoo.com](mailto:cvsummerswim@yahoo.com).

# Parking:



-  General Admission Entrance
-  Coaches Entrance

- P:** General Admission Parking
- P:** Handicapped Parking
- P:** Coaches Parking